



## Relationship and Sex education policy

*Ratified by Children's Learning Committee Spring 2020*

*Date of next review - Spring 2023*

### Contents

1. Aims.....	1
2. Statutory requirements .....	1
3. Policy development.....	2
4. Definition.....	2
5. Delivery of RSE .....	2
6. Roles and responsibilities .....	3
7. Parents' right to withdraw .....	3
8. Training.....	3
9. Monitoring arrangements .....	3

### 1. Aims

Central to the tenets of church schools is learning is about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships recognized in law, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

RSE is taught in the context that all are made in the image of God and so worthy of respect, as part of the personal, social and health and citizenship education curriculum. Through RSE we inform children about sexual issues but in the context of morality and individual responsibility. This allows children to ask and explore moral questions.

The governing body aims to work closely with parents/carers and governors and to create an ethos that will ensure all pupils receive appropriate, accurate and honest answers to their questions about RSE.

We support Article 12 of the United Nations Convention on the Rights of the Child that children should be encouraged to form and to express their views.

The aims of relationship and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

### 2. Statutory requirements

RSE is not compulsory in primary schools. However, primary schools are required to teach the elements of sex education contained in the science curriculum.

If primary schools do teach RSE, they must have regard to guidance issued by the secretary of state as outlined in [RSE publication](#).

At Thorpe Church of England Primary School we teach RSE as set out in this policy.

### 3. Policy development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review - a member of staff or working group pulled together all relevant information including relevant national and local guidance
2. Staff consultation - all school staff were given the opportunity to look at the policy and make recommendations
3. Parent views are taken from at Parent Voice meetings - parents and any interested parties were invited to attend a meeting about the policy
4. Pupil consultation - we investigated what exactly pupils want from their RSE
5. Ratification - once amendments were made, the policy was shared with governors and ratified

### 4. Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information, and exploring issues and values.

**RSE is not about the promotion of sexual activity.**

### 5. Delivery of RSE

RSE is taught within the personal, social, health and economic (PSHE) education curriculum through our PSHE Jigsaw programme. Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE).

Pupils also receive stand-alone sex education sessions delivered by a trained health professional.

Across all Key Stages, pupils will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work

These skills are taught within the context of family life.

## **6. Roles and responsibilities**

### **6.1 The governing board**

The governing board has delegated the approval of this policy to the Children's Learning Committee

### **6.2 The headteacher**

The headteacher is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory components of RSE (see section 7).

### **6.3 Staff**

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

### **6.4 Pupils**

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

## **7. Parents' right to withdraw**

Parents' have the right to withdraw their children from the non-statutory components of RSE.

Requests for withdrawal should be put in writing and addressed to the headteacher. A copy of withdrawal requests will be placed in the pupil's educational record. The headteacher will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from RSE.

## **8. Training**

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

The headteacher will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

## **9. Monitoring arrangements**

The delivery of RSE is monitored by Science Subject Leader (s) through: Planning scrutinies and learning walks.

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.