



Thorpe Church of England Primary School

Faith, Love and Excellence

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cogs and focus	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
Reception	Real PE Unit 1 Birthday Bike Surprise Pirate Adventure	Real PE Unit 2 Journey to the Blue Planet Monkey Business	Real PE Unit 3 Tilly the Trains Big Day Thembi Walks the Tightrope	Real PE Unit 4 Clowning Around Wendy's Water-ski Challenge	Real PE Unit 5 John & Jasmine Learn to Juggle Ringo to the Rescue	Real PE Unit 6 Sammy the Squirrel Casper the Very Clever Cat
	Outdoor play	Real Gym- Shape At Home Travel jungle trip	Real Dance	Real Gym- Flight Park Life (3 weeks block)	Real Gym-Rotation Toy Box (3 week block) Sport day activities.	Swimming
Year 1	Real PE Unit 1 Birthday Bike Surprise Pirate Adventure	Real PE Unit 2 Journey to the Blue Planet Monkey Business	Real PE Unit 3 Tilly the Trains Big Day Thembi Walks the Tightrope	Real PE Unit 4 Clowning Around Wendy's Water-ski Challenge	Real PE Unit 5 John & Jasmine Learn to Juggle Ringo to the Rescue	Real PE Unit 6 Sammy the Squirrel Casper the Very Clever Cat
	Twinkle Toes Dance - Seasons	Real Gym- Shape - At Home Travel - Jungle Trip	Real Gym- Rotation - Toy Box (3 week block)	Real dance - possible link with Royalty topic.	Real Gym- Flight - Park life (3 week block) Sports day activities	Swimming
Year 2	real PE Unit 1 Coordination and Static Balance	Real PE Unit 2 Dynamic balance to Agility Static Balance	Real PE Unit 3 Dynamic Balance and Static Balance	Real PE Unit 4 Coordination and counterbalance.	Real PE Unit 5 Coordination and agility	Real PE Unit 6 Agility and Static balance.
	Real Gym- Balance - Toy box	Real Dance - adapt to topic if possible.	Real Gym- Travel - jungle trip Flight - Park life	Real Gym- Rotation - the big city	Get Set 4 PE dance - adapt to topic. Sports day activities	Swimming



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Cogs and focus	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
KS2 sporting Events	Football league Netball league			Cross country Tag rugby	Cricket	Athletics (district sports)
Year 3	Real PE Unit 1 (3 weeks) Footwork coordination and Static Balance Get set 4 PE - Basketball (3 weeks)	Real PE Unit 2 Jumping and Landing Seated static Balance Get set 4 PE - Dodgeball (3 weeks - lesson 1-3)	Real PE Unit 3 Dynamic Balance on a line and coordination with ball skills Get set 4 PE - Handball (3 weeks - lesson 1-3)	Real PE Unit 4 Sending and receiving and counterbalance with a partner. Get set 4 PE - Hockey (3 weeks - lesson 1-3)	Get set 4 PE - Athletics	Real PE Unit 6 Agility with ball chasing and static balance Get set 4 PE - Tennis (3 weeks - lesson 1-3)
	Real Gym -Travel- Mapping Pathways (hand apparatus) Rotation sequences with partner work.	Twinkle Toes - Stone age topic link. <i>Can use Get set 4 PE to supplement.</i>	Real Gym- Flight sequences with low apparatus Balance - climbing sequences.	Real Dance (3 weeks) OAA (3 weeks - lesson 1-3)	Real PE Unit 5 Agility with reaction and response and static balance floor work Get set 4 PE - Golf (3 weeks - lesson 1-3)	Swimming
Year 4	Real PE Unit 1 (3 weeks) Footwork coordination and Static Balance Get set 4 PE - Netball (3 weeks)	Real PE Unit 2 Jumping and Landing Seated static Balance Get set 4 PE - Dodgeball (3 weeks - lesson 4-6)	Real PE Unit 3 Dynamic Balance on a line and coordination with ball skills Get set 4 PE - Handball (3 weeks - lesson 4-6)	Real PE Unit 4 Sending and receiving and counterbalance with a partner. Get set 4 PE - Hockey (3 weeks - lesson 4-6)	Get set 4 PE - Athletics	Real PE Unit 6 Agility with ball chasing and static balance Get set 4 PE - Tennis (3 weeks - lesson 4-6)
	Get Set 4 PE dance - Year 3 scheme to link with Romans. Year 4 scheme to link with states of matter.	Real Gym - Acrobatic sequence balances Rotation sequences with partner	Real Gym - Flight sequences with ropes Travel group sequences with apparatus	Real Dance (3 weeks) OAA (3 weeks - lesson 4-6)	Real PE Unit 5 Agility with reaction and response and static balance floor work Get set 4 PE - Golf (3 weeks - lesson 1-3)	Swimming



Year 5	<p>Real PE Unit 1 (3 weeks) Ball skills coordination and Agility reaction and response.</p> <p>Get set 4 PE - Basketball (3 weeks)</p>	<p>Real PE Unit 2 Seated static balance Floor work with static Balance</p> <p>Get set 4 PE - Volleyball/seated Volleyball (3 weeks - lesson 1-3)</p>	<p>Real PE Unit 3 Dynamic Balance on a line and counterbalance with a partner</p> <p>Get set 4 PE - Tag rugby (3 weeks - lesson 1-3)</p>	<p>Real PE Unit 5 Static balance and Footwork coordination</p> <p>Get set 4 PE - Hockey (3 weeks - lesson 1-3)</p>	<p>Get set 4 PE - Athletics</p>	<p>Real PE Unit 6 Sending and receiving And ball chasing.</p> <p>Get set 4 PE - Cricket (3 weeks - lesson 1-3)</p>
	<p>Real gym unit 1 - Rhythmic sequences with hand apparatus Bench sequences.</p>	<p>Get set 4 PE - dance Link with American Rock n Roll.</p>	<p>Real gym - unit 2 Acrobatic sequences with partners Climbing sequences using large apparatus.</p>	<p>Real Dance (3 weeks) OAA (3 weeks - lesson 1-3)</p>	<p>Real PE Unit 4 Jumping and landing and static balance on one leg Get set 4 PE - Tennis (3 weeks - lesson 1-3)</p>	<p>Swimming</p>
Year 6	<p>Real PE Unit 1 (3 weeks) Ball skills coordination and Agility reaction and response.</p> <p>Get set 4 PE - Netball (3 weeks)</p>	<p>Volleyball / handball Based on real PE Unit 2 Seated static balance Floor work with static Balance</p> <p>Get set 4 PE - Volleyball/seated volleyball (3 weeks - lesson 4-6)</p>	<p>Tag rugby Based on real PE Unit 3 Dynamic Balance on a line and counterbalance with a partner</p> <p>Get set 4 PE - Tag rugby (3 weeks - lesson 4-6)</p>	<p>Based on Real PE Unit 5 Seated static balance and Footwork coordination</p> <p>Get set 4 PE - Hockey (3 weeks - lesson 4-6)</p>	<p>Get set 4 PE - Athletics</p>	<p>Based on real PE Unit 6 Sending and receiving And ball chasing.</p> <p>Get set 4 PE - Cricket (3 weeks - lesson 4-6)</p>
	<p>Real gym unit 1 - Rhythmic sequences with hand apparatus Bench sequences.</p>	<p>Get set 4 PE dance - Stamp, clap. Twinkle Toes - street dance unit.</p>	<p>Real gym - unit 2 Acrobatic sequences with partners Climbing sequences using large apparatus.</p>	<p>Real Dance (3 weeks) OAA (3 weeks - lesson 4-6)</p>	<p>Based on real PE Unit 4 Jumping and landing and static balance on one leg Get set 4 PE - Tennis (3 weeks - lesson 4-6)</p>	<p>Swimming</p>