### Year 1 Emerald Class PSHE and Citizenship - Relationships - Aiming High

### Spring 1

#### Aiming high

In this unit of work, children will learn about having high aspirations. They will start by discussing positive views of themselves and will then identify how having a positive learning attitude can help them tackle and achieve new learning challenges and improve learning outcomes. Opportunities will also be provided for children to share aspirations for the future, with regard to employment and personal goals. Through this learning we will consider different jobs and roles. In doing this, we will explore some of the difficulties faced by stereotyping. Children will also have the opportunity to discuss what they are looking forward to about their learning next year.

# We start each week with enquiry questions which will be used at the end of the unit to assess understanding;

- **Lesson 1:** What are our star qualities? What star qualities would we like to develop?
- Lesson 2: What is a positive learning attitude? How can a positive learning attitude help us?
- **Lesson 3:** What kinds of jobs do people do? What do we want to be when we grow up?
- Lesson 4: Are some jobs for some people and not others? Can we give reasons for our opinions?
- **Lesson 5:** What are our goals for the future? How can we achieve our goals?
- **Lesson 6:** How might next year be different from this year? What are we looking forward to about next year?

## Children will be taking part in a range of activities, including the following:

Collaborative group tasks, sorting activities, guessing games, partner and group discussion and role play.

## **About PSHE and Citizenship Education**

PSHE and Citizenship Education deals with personal, social, health and citizenship education. It is an important part of the school curriculum that aims to teach children the knowledge and skills that they need stay safe, happy and healthy, while preparing them for their life ahead.

We understand that some parts of the PSHE and Citizenship curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering the children's PSHE and Citizenship education will make every effort to establish a supportive and positive environment for learning.

Children will be given opportunities to ask any questions they may have, and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.