

Year 3 Amethyst Class PSHE and Citizenship – Living in the Wider World

Spring 1

This term, Children's PSHE and Citizenship topic is 'Aiming High'.

In this unit of work, children will focus on goals and aspirations. They will start by discussing achievements they have accomplished so far and the type of attitude that helps us to succeed. Children will identify ways of applying a growth mind set to new challenges and learn about the importance of resilience. Opportunities will also be provided for children to share aspirations for their future employment and personal goals and through this learning, they will consider different jobs and careers. In doing this, we will explore some of the difficulties faced by stereotyping. Children will also have the opportunity to think about the specific skills they might wish to develop in order to achieve their short, mid and long term goals.

We start each week with enquiry questions which will be used at the end of the unit to assess understanding;

We will be exploring these questions:

Lesson 1: What have we achieved over the last year and what are we proud of? How did our behaviour and attitudes help us to achieve?

Lesson 2: What would we like to achieve over the year ahead? What do we need to do to help us achieve our goals?

Lesson 3: What behaviours can help us to learn new things? What can we do when we find our learning challenging?

Lesson 4: What kind of jobs do people do? What kind of skills and attributes would we need to do these jobs?

Lesson 5: What are stereotypes and how can they affect our attitudes? Can we be anything we want to be when we grow up?

Lesson 6: What might we like to do when we grow up? What skills would we need to develop in order to achieve this?

Children will be taking part in a range of activities, including the following:

Collaborative group tasks and team games; paired discussions; mini workshops to learn a new skill; charades and creating their own medals.

About PSHE and Citizenship Education

PSHE and Citizenship Education deals with personal, social, health and citizenship education. It is an important part of the school curriculum that aims to teach children the knowledge and skills that they need stay safe, happy and healthy, while preparing them for their life ahead.

We understand that some parts of the PSHE and Citizenship curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering the children's PSHE and Citizenship education will make every effort to establish a supportive and positive environment for learning.

Children will be given opportunities to ask any questions they may have, and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.