

## **Year 5 Amber Class PSHE and Citizenship – Living in the Wider World – Aiming High**

### **Spring 1**

**This term, Children's PSHE and Citizenship topic is 'Aiming High'.**

In this unit of work children will focus on achievements, aspirations and opportunities. They will start by discussing achievements they have accomplished so far and the type of attitude that helps us succeed. They will also learn about their own personal preferred learning styles, to understand how they learn best. Children will look at challenges people face and barriers to success, then think about strategies we can use to overcome such obstacles. They will identify opportunities that are available to them now and those which may be available to them in the future. Stereotypes in the world of work will be addressed, as children are encouraged to consider jobs they would like to do and the skills needed to do those jobs. The children will also have the opportunity to reflect on their personal goals and the steps they can take to achieve these in the future.

**We start each week with enquiry questions which will be used at the end of the unit to assess understanding;**

**Lesson 1:** What have we achieved and learnt since we started school? What skills and attributes have we used to make that happen?

**Lesson 2:** How do successful learners overcome challenges? How do helpful learning strategies help us?

**Lesson 3:** What kind of opportunities are available as we grow up? How can we make the most of these opportunities?

**Lesson 4:** Can some jobs only be done by certain kinds of people? Are some jobs for men and some for women?

**Lesson 5:** What skills might we need in the world of work? What are the different routes into careers?

**Lesson 6:** What would we like to achieve in the next year? Five years? Ten years? What steps can we take to help us achieve our goals?

**Children will be taking part in a range of activities, including the following:**

Collaborative group tasks, challenges and games, paired discussions, sorting statements, learning about fictional characters and offering advice, giving written responses and designing posters.

### **About PSHE and Citizenship Education**

PSHE and Citizenship Education deals with personal, social, health and citizenship education. It is an important part of the school curriculum that aims to teach children the knowledge and skills that they need stay safe, happy and healthy, while preparing them for their life ahead.

We understand that some parts of the PSHE and Citizenship curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering the children's PSHE and Citizenship education will make every effort to establish a supportive and positive environment for learning.

Children will be given opportunities to ask any questions they may have, and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.