

Thorpe Primary School

ALLERGY AWARE MENU

Suitable for pupils with allergies within the 14 EU

WEEK 1
WEEK 2
WEEK 3



Please note
AA in a dish name
refers to **Allergy
Aware**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Kebab with Homemade Potato Wedges 783733	Beef Bolognese with GF Pasta 679680	Roast Chicken & Gravy 632129	Bunless Homemade Beef Burger 688325	BBQ Chicken & Chips 739286
VEGGIE	Smokey BBQ Pulled Jackfruit 782758	GF Vegan Roasted Vegetable Pasta 679595	Roasted Root & Mixed Bean Vegetable Stew 680544	Bunless Spinach & Chickpea Burger 679531	Lightly Spiced 'Plant Based' Chickn 744561
SIDES	Steamed Rice with Sweetcorn & Green Beans 782764	Carrots & Broccoli 746842	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Homemade Potato Wedges & Baked Beans 640468	Baked Beans or Peas 640466
PASTA & JACKET	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	Fruit Jelly 630866	AA Chocolate Cake 679600	GF Vanilla Shortbread Biscuit 679625	Fruit Jelly 630866	AA Vanilla Cake 679611
Fresh Fruit NO DAILY SALAD BAR					

**Only serve
what is on this
menu.**

**This menu
must be used
everyday for
children with
allergies to
the 14 EU.**

DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

STOP AND THINK!

Have you completed the Student Allergen Management Record?



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	DF/GF Cheesy Tomato Pasta 679533	AA Sweet & Sour Chicken 688410	Roast Chicken & Gravy 632129	Beef Bolognese with GF Pasta 679680	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	DF/GF Cheesy Tomato Pasta 679533	Sweet & Sour Roasted Vegetables 744964	Jacket Potato with Baked Beans & DF Cheese 681015	Roasted Vegetable Bolognese with GF Pasta 681102	Lightly Spiced 'Plant Based' Chicken 744561
SIDES	Peas & Sweetcorn 644291	Steamed Rice & Green Beans 640417	New Potatoes & Carrots 783046	Peas & Sweetcorn 644291	Homemade Potato Wedges & Baked Beans 640468
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	AA Vanilla Cake 679611	GF Chocolate Shortbread Biscuit 670576	GF Apple Crumble 688416	AA Jam Sponge 783751	Fruit Jelly 630866
	Fresh Fruit NO DAILY SALAD BAR				

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DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	GF Tomato & Basil Pasta 681142	Beef & Mixed Bean Chilli con Carne 679851	DF/GF Meat Feast Pizza 679675	Chicken Biryani 685401	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	GF Vegan Roasted Vegetable Pasta 679595	Roasted Vegetable & Mixed Bean Chilli con Carne 681085	AA Vegetable Biryani 783762	AA Sweet Potato, Chickpea & Coconut Curry 680490	DF/GF Cheese & Tomato Pizza with Chips 681035
SIDES	Broccoli 733771	Steamed Rice & Broccoli 634220	Paprika Spiced Vegetables 684058	Rice & Peas 641217	Baked Beans or Peas 640466
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	AA Vanilla Cake 679611	AA Vanilla Cake 679611	GF Chocolate Shortbread Biscuit 670576	GF Winter Berry Crumble 738521	AA Chocolate Cake 679600
	Fresh Fruit NO DAILY SALAD BAR				

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DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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