

SATs Revision Timetable

Use this timetable to help you plan some revision time for your SATs exams. On the days you wish to revise, write down what subject you'll revise and the amount of time you'll revise for (e.g. short division – 20 mins). Your school will probably provide SATs revision homework so plan for this in your timetable. And remember, make sure you have plenty of breaks and plan a treat for all your hard work!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Brain Break Activities

- Get outdoors (e.g. a bike ride, football, go for a walk).
- Complete a mindfulness colouring sheet.
- Get cooking and baking.
- Watch your favourite TV show/cartoon.
- Complete a sudoku, word search or jigsaw.
- Play your favourite music and dance.
- Have a relaxing bath!

DREAM. BELIEVE. ACHIEVE.

Weekly Treat

This is something to look forward to after all your hard work.